



Marie Arick

Family & Consumer Science,
Extension Agent I

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Educational Program Focus:

- Health, Wellness, Nutrition and Food Safety
Provide education and research based information to the community to promote informed decisions on behalf of the consumer. This includes understanding nutrition content, food labels, dietary guidelines, MyPlate, meal planning and preparation, food safety, physical activity guidelines with the ultimate goal of improving the overall quality of life for residents via educational programs and other venues such as the Farmers Markets and Senior Centers.
- Financial Literacy and Consumer Education
Provide programming to aid in increasing knowledge and understanding of personal finances, budget management, informed consumer decision making, and the protection of personal information from identity theft.
- Curriculum Enrichment
Provide additional information and programs in local schools to enhance learning in a variety of classes including career exploration, health, nutrition, and culinary arts with the ultimate goal of teaching tools to aid in promoting a better quality of life for these youth as they mature into adulthood.

Work Experience

2015-Present	Family & Consumer Science Agent, UF/IFAS Jackson County Extension
2013-2015	Family & Consumer Science Agent, Texas A & M AgriLife Extension Service, Eastland County, Texas
2010-2013	Medworks of Mississippi, Mobile Nuclear Cardiology, Flowood, MS
2003-2010	Liberty Heart Center, Cardiac Stress Technician and Clinical Department Supervisor
1995-2003	Internal Medicine Associates, Cardiac Stress Technician

Education

2012	Master of Science, Health Promotion, Mississippi State University
1994	Bachelor of Science, Fitness Management, Mississippi State University

Certifications

2013	Certified Health Education Specialist
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