

Ages & Stages: Adapting for Cloverbuds

Typical social behaviors for 5 to 7 yr-olds

How they Act

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Strategies to support social development of 5 to 7 yr-olds

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Typical cognitive behaviors for 5 to 7 yr-olds

How they Learn

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Strategies to support cognitive development of 5 to 7 yr-olds

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Social Characteristics of 5 to 7 year-olds:

- Tendency to be self-centered, but starting to learn to share
- Learning to be a group member: to listen when others speak
- Want to be liked, especially by older youth and adults

Supporting social development of 5 to 7 year-olds:

- Use role-play
- Small groups (1:8)
- Recognize youth accomplishments
- Focus on cooperative rather than competitive
- Time for play and creativity (follow the 4-H club model)

Cognitive Characteristics of 5 to 7 year-olds:

- 20-30 minute attention span
- Active learning is best
- Enjoy simple sorting & categorizing
- Concerned with right and wrong, so explaining and enforcing basic ground rules is important.

Supporting cognitive development of 5 to 7 year-olds:

- Use frequent breaks
- Balance group & individual time
- Use activities where youth can physically manipulate objects with their hands
- Break complex activities down
- Focus on the process, rather than the product

These flashcards were developed by
Dr. Heather C. Kent, 4-H Regional
Specialized Agent for the Northwest
Extension District.

For more tips and strategies for working
with Cloverbuds and other age groups,
visit the 4-H in the Panhandle Blog.
<https://nwdistrict.ifas.ufl.edu/4hn/>