



## Liberty County

### Marie Arick



County Extension Director, Family &

Consumer Science/4-H Agent

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10405 NW Theo Jacobs Way

Bristol, FL 32321

#### Educational Program Focus:

- Health, Wellness, Nutrition and Food Safety  
Provide education and research-based information to the community to promote informed decisions on behalf of the consumer. This includes understanding nutrition content, food labels, dietary guidelines, MyPlate, meal planning and preparation, food safety, physical activity guidelines with the goal of improving the overall quality of life for residents via educational programs and other venues such as the Farmers Markets and Senior Centers.
- 4-H Youth Development  
Provide positive youth programming to aid with developing life skills, leadership and responsibility through experiential learning activities and community service in the 4-H Club setting and via residential and day camp experiences.
- Curriculum Enrichment  
Provide additional information and programs in local schools to enhance learning in a variety of classes including career exploration, health, nutrition, and culinary arts with the ultimate goal of teaching tools to aid in promoting a better quality of life for these youth as they mature into adulthood.

#### Work Experience

2019-present	County Extension Director, Family & Consumer Science/4-H Agent, UF IFAS Liberty County Extension
2015-2018	Family & Consumer Science Agent, UF/IFAS Jackson County Extension
2013-2015	Family & Consumer Science Agent, Texas A & M AgriLife Extension Service, Eastland County, Texas
2010-2013	Medworks of Mississippi, Mobile Nuclear Cardiology, Flowood, MS
2003-2010	Liberty Heart Center, Cardiac Stress Technician and Clinical Department Supervisor
1995-2003	Internal Medicine Associates, Cardiac Stress Technician

#### Education

2012	Master of Science, Health Promotion, Mississippi State University
1994	Bachelor of Science, Fitness Management, Mississippi State University

#### Certifications

2013-present	Certified Health Education Specialist
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