

## Leon County

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### **Amy Mullins**

Extension Agent II  
Family & Consumer Sciences  
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As a Registered Dietitian and Family & Consumer Sciences Extension Agent, I have many years of experience in community food and nutrition education. I provide programming in food safety and nutrition-related chronic disease prevention programs in a wide range of populations including adults, seniors, and youth. Programs increase knowledge, awareness, and skills to equip learners with the capacity to improve their health, longevity, and quality of life.

#### Educational Program Focus

- Telehealth in the Panhandle
- Community Health and Nutrition
- Chronic Disease Prevention and Management
- General Food Safety, ServSafe Food Protection Manager Training, SafeStaff food handler training/certification
- Food Preservation and Home Canning

#### Work Experience

- 2012 to present - University of Florida IFAS, Leon County– FCS Extension Agent II
- 2007 to 2012 - Area Agency on Aging of North & Northwest Florida- Contract Registered Dietitian
- 2008 to 2011 - EcoSure Food Safety- Field- Food Safety Specialist
- 2008, 2019 to 2021 - Tallahassee Community College- Adjunct Professor
- 2006 to 2007 - Premier Health & Fitness Center- Registered Dietitian
- 2005 - Jefferson & Madison County Health Departments- Registered Dietitian & Nutrition Educator

#### Education & Training

- 2004 to present – State Licensed and Registered Dietitian/Nutritionist, Commission on Dietetic Registration
- 2022 - PhD candidate, Nutrition Science, Florida State University
- 2004 - M.S., Food and Nutrition, Florida State University
- 2002 - B.S., Magna Cum Laude, Food and Nutrition, Florida State University
- 1996 - B.S., with Honors, Health Science Education, University of Florida